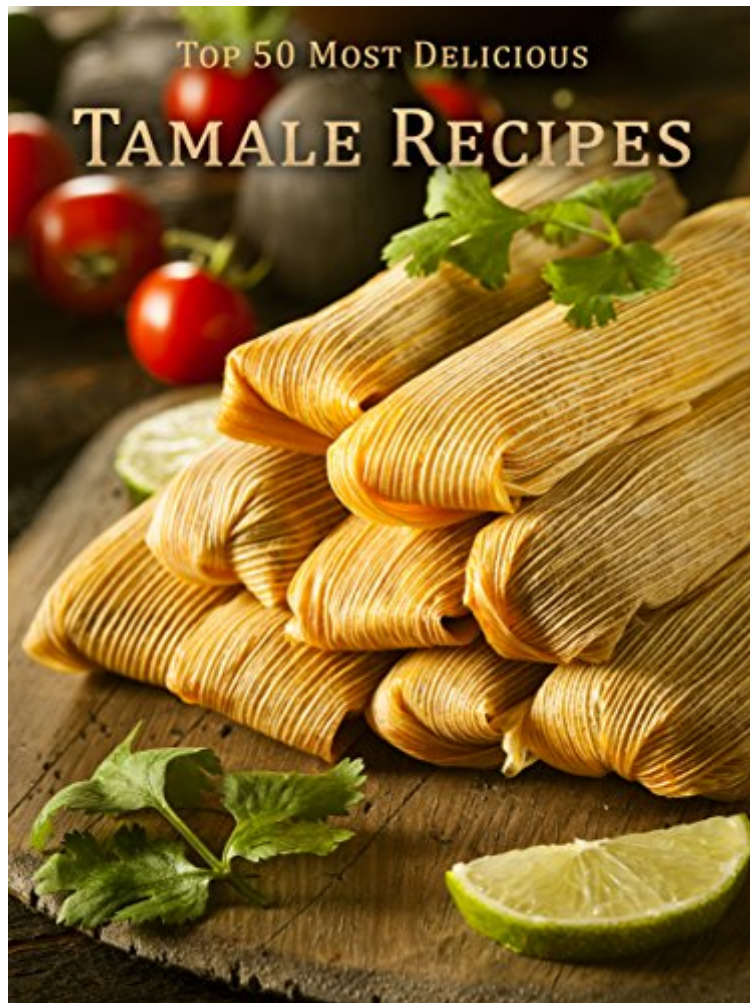




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Top 50 Most Delicious Tamale Recipes (Recipe Top 50's Book 68)



Synopsis

Tamales are a traditional Latin American dish that goes back to the Mayans. There are over 5,000 variations in Mexico alone. But they're also found in countries such as Panama, Costa Rica, Honduras, and Argentina, among other countries, each with their own variations. Tamales are little packets of goodness that are usually wrapped with corn husks or banana leaves. Inside the packet they put corn dough called *masa* which surrounds the main filling that can be almost anything: beef, chicken, pork, fish, vegetables, fruit, cheese, and whatever you can think of. They can be a complete meal by themselves and are also very portable. You can eat them with your hands while walking if you're in a hurry, which is why it's a popular street food. Preparing tamales is very fun. They're a perfect dish to cook for the whole family or when having friends over. They're also great little gifts for when visiting a friend. Everyone will surely love them and so will you! So go ahead and explore the amazing world of tamales and discover the deliciousness hidden within these wonderful packets.

- - - - -Tags: tamale recipes, tamale cookbook, tamale recipe book, tamales cookbook, tamales recipe, how to make tamales, making tamales, tamale making, homemade tamales, tamales made easy, tamales made simple book, tamales bible, recetas de tamales, libro de cocina tamales, beef tamales, pork tamales, vegetarian tamales, sweet tamales, fruit tamales, vegetable tamales, chicken tamales, fish tamales, seafood tamales, latin american cuisine, latin american food, south american cuisine, south american food, mexican food, mexican cuisine, tamale pie, recetas de Humita, Humita recipes, Hallaca recipes, bollo recipes, ganime recipes, pastel recipes, corunda recipes, pata de burro recipes, zacahuil, chak chak wah, chanchamito, tamales de dulce, latin american recipes, latin american cookbook, latin american recipe book, mexican recipes, mexican recipe book, mexican cookbook.

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Customer Reviews

Some of the "scads of..." e-recipe are books are not great, but the ones I have bought by Julie Hatfield have been very good. My husband is from Mexico, so he knows how to make tamales and has taught me how. The advice in this book is sound. The recipes are solid and well written. Julie offers recipes for a good variety of tamales, including some you wouldn't be able to get just anywhere (e.g. at your local Mexican restaurants). If you're looking for good advice on making tamales with some good ideas for variety, buy this!

At Christmas time, one of my colleagues at work would come around and take orders for his abuela's tamales, red or green, for \$1 each. The money raised was for a charity. What a treat! He'd deliver bags of these to the customers. I haven't had a great tamale like his abuela made since. This book, Top 50 Most Delicious Tamales puzzled me. I only knew of the 'red or green', what could be 50 kinds? Oh my, what fantastic variations on a steamed dumpling, which is basically what a tamale is. It's real hearty food, but wrapped up like little treats and steamed, served with delicious sauces. They are a process of real whole foods, so it's not a quick meal in the preparation, but they can be frozen, and easily reheated. These recipes pique my tastebuds. What a great set for such a great price.

I love tamales. I am not hispanic, so I thought they were hard to make. My husband and I use this book, and work together to make really wonderful tamales.

I have fallen in love with this simple, and hardy food. It is super easy to make, and we really enjoy

them.

Great recipies. Fifty is a lot to rate. Takes a lot of time. Enjoying the small differences of taste and texture. Also gaining weight! Time to throttle back.

I adore tamales but I don't like all the additives that they put in them so I was looking for a way to make them fresh and I found it in this book all the taste and none of the waste.

Great

Really good recipes some I knew and a few were new to me again it needs pictures

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